



What are Home Delivered Meals?

Home Delivered Meals is a service that provides a well balanced, nutritious meal to the at-risk, frail older adults who are 60 years of age or older. This program is funded by the Home and Community Care Block Grant - a federal grant that funds many different programs throughout the nation.

The purpose of this program is to provide 1/3 of the daily nutrition that an older adult requires.

"We are all very thankful for the services provided by Meals on Wheels for our mother. They do a commendable job and a great effort is put forth by your staff. The service has allowed our mother the ability to meet new people and to make new friends since she is not able to get out and about as she once did. The Meals on Wheels is one terrific service program for the elderly here in New Bern."

Richard N. and family



Why Home Delivered Meals?

For some people, this program is a solution to maintaining their independence. It allows many to remain in the comfort of their own home longer. Home Delivered Meals has given families peace of mind knowing that their loved one is able to receive a nutritious meal every weekday.

Hours of Operation

- Meals are picked up by volunteers between 9:30 am and 10:30 am, Monday - Friday (except major holidays).
- Most routes receive 1 ready to eat hot meal a day. There are a few routes that receive 5 frozen meals once a week. Each meal is 1/3 of the daily recommended nutrition.
- During times of inclement weather, Craven County may not be able to operate its meal programs. Throughout the year, shelf stable meals may be provided in advance of adverse weather to compensate for missed deliveries. This is dependent upon availability of funds and adequate notification.



We Need You!

Craven County's Home Delivered Meals program relies on over 70 volunteers to get the meals delivered everyday. The number of adults who could benefit from this program grows each year. This growth will continue as our population ages. As the need for meals continues to increase, so does the need for volunteers.

Even volunteering just one day per month is a great help.



Who We Serve

We serve an average of 150 meals each day to home bound seniors throughout Craven County. We deliver meals in New Bern, Havelock, Vanceboro, Ernul, Cove City, and Dover.

Basic qualifications are as follows:

- *A resident of Craven County
- *Over the age of 60
- *Unable to prepare a full meal
- *Home bound

If you would like to apply, or have any questions about the qualifications, please call us at 252-638-1790.

"Meals on Wheels has been a great help to me. I live on a fixed income and cannot do all of the things physically that I used to do, like cooking and cleaning. Meals on Wheels helps me to remain in my home independently."

Carolyn S.

Craven County



For more information, please stop by or call:

Craven County Senior Services

811 George St
New Bern, NC 28560
252-638-1790 Fax: 252-638-3120
www.ccseniorservices.weebly.com



Craven County
Senior Services

Home Delivered Meals Program

Serving Homebound Seniors in Craven County

811 George St
New Bern, NC 28560
252-638-1790
www.ccseniorservices.weebly.com